



On Saturday, May 4<sup>th</sup>, 2019, the Edmonton Hash House Harriers will unleash a sea of red onto the streets of Edmonton for their **26<sup>th</sup> Annual Red Dress Run**. Over 100 people will run or walk in this unique fundraising event to support a very worthy cause: Wellspring Edmonton.

The Edmonton Hash House Harriers are part of an international fellowship of runners and walkers who run/walk and socialize together on a weekly basis. Founded in Kuala Lumpur in 1938, we emphasize the fun and crazy aspects of running while following marked trails throughout the Edmonton area. Once a year our members, men and women alike, don red dresses and running shoes and take to the streets to support the on-going efforts of local charities to improve the quality of life in our community.

Proceeds from this year's event will support **Little Bits Therapeutic Riding Association**. They are a non-profit, charitable organization providing recreational horseback riding with therapeutic benefits for children and adults with disabilities in Edmonton Alberta. Each year, more than 115 riders benefit from their spring and fall program and 50 riders in their winter program. They have programs for pre-school aged children (Itty Bits), children aged five and a half to 18 (Little Bits), and adults (Big Bits). Once a week, riders receive riding instruction by certified and experienced instructors assisted by a core of volunteers. The focus is on skill development, enjoyment and the unique therapeutic aspects of horseback riding. We will be raising money to purchase horses that are appropriately skilled and suited for therapeutic riding programs.

We are seeking your generous support of the 26<sup>th</sup> Annual Red Dress Run and Little Bits by way of a cash donation eligible for a charitable tax receipt. Over the past 25 years, we have supported Edmonton based agencies including **Wilderness Youth Challenge, Pride Centre of Edmonton, Community Options, Cross Cancer Clinic, Hope Mission, iHuman Youth Society, John Howard Society, Youth Emergency Shelter, Boyle Street Co-op, Edmonton Emergency Relief Services Society, Zebra Child Protection Centre, Concrete Theatre, ALS Society of Alberta, Parkinson Alberta, and Wellspring Edmonton**. Through the dedication of our running group, and the generosity of the community, we have raised more than \$470,000!

Please feel free to contact either Lacey or Linda if you require additional information, or check out their website at <https://www.littlebits.ca/>.

Please make cheques payable to "**Little Bits Therapeutic Riding Association**" or donate online via <http://www.eh3.org/rdr-donations/>. Charitable tax receipts will automatically be provided for cash donations over \$20.

Thank you for your consideration.

Sincerely,

Lacey Fleming  
Red Dress Run Chairperson  
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Linda Rault, Riding Administrator  
Little Bits Therapeutic Riding Association  
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